## CELLU-THERAP Bath oil

Karel Hadek

Code: 1001

CELLU-THERAP bath oil treats the skin during a relaxing bath. The used ingredients, i.e. vegetable and essential oils have regenerative effects. The essential oils are known for their ability to increase blood circulation. They can activate lymphatic flow; help to remove metabolic waste products from the body. Like all bath oils, it cleanses the skin very well. It increases blood circulation, activates lymphatic flow, helps to remove swelling and metabolic waste products from the body, decreases perspiration. It has excellent regenerative effects.

Main ingredients: Vegetable oils, e.g. almond, walnut, soybean, jojoba, wheat germ, borage, evening primrose. Essential oils, e.g. rosemary, laurel, cinnamon, juniper. Emulsifier, lecithin and vitamins, e.g. A, E, F.

**Application:** Add 10–20 ml (1–2 tablespoons) of CELLU-THERAP bath oil into the stream of running water (this is the best way to mix water and bath oil) with the temperature higher than 32°C. The water temperature should be such as to provide pleasant feelings, but it must not cause perspiration, as the skin wouldn't absorb active ingredients from the oil. It is possible to add hot water during the bath to maintain a constant temperature. It is useful to massage your body with a washcloth or a bath brush. Do not use soap or any other bath additives, the bath would lose its effect. The bath should be taken for about 20 minutes, but it can be even longer (e.g. up to an hour with a cold). After the bath, don't take a shower, just dab yourself dry.

**Warning:** It is important to accept the fact that each and every person tolerates various water temperatures differently. That's why we adjust water temperature according to our individual needs, taking into account, of course, our current state of health. Do not use without consulting your physician during pregnancy, breast feeding, for small children and when suffering from epilepsy.

INCI: Glycine soja Oil, Juglans regia Seed Oil, Laureth-4, Juniperus communis Fruit Oil, Lecithin, Rosmarinus officinalis Flower Oil, Cedrus atlantica Wood Oil, Butyrospermum parkii Oil, Simmondsia chinensis Seed Oil, Triticum vulgare Germ Oil, Prunus dulcis Oleosomes, Sesamum indicum Seed Oil, Borago officinalis Oil, Oenothera biennis Oil, Piper nigrum Fruit Oil, Foeniculum vulgare Fruit Oil, Salvia officinalis Oil, Laurus nobilis Oil, Cinnamomum zeylanicum Bark Oil, Eucalyptus citriodora Oil, Citrus limon Fruit Oil, Tocopheryl acetate, Retinyl palmitate, Chlorophyll

Storage: The stated expiry date can be substantially extended by keeping the product in a dark and cold place (ideally in a fridge at 6–10 °C).

Best before the date indicated on the packaging. Batch number and volume are indicated on the packaging.