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Lecithin is of a big importance for our bodies, it is present in all its cells, even in the nerve cells and therefore its use in the form of a food supplement can have beneficial effect on concentration and memory. It participates in keeping normal cholesterol level; thanks to its high content of essential fatty acids, it is able to dissolve harmful LDL-cholesterol and it can dissolve previously built fat and cholesterol sediments. It can also decrease the risk of cardiovascular diseases and stroke. In the pharmacy, it is recommended for prevention and treatment of neurological diseases, cirrhosis, gallstone formation and developing of liver tumours. If there is a deficiency of lecithin in the body, it usually shows as a bad condition of the nervous system, one feels nervous, exhausted, tired and has problems with concentration. Lecithin can also help to improve skin condition. Thanks to its anti-inflammatory effects, it is suitable for skin affected by atopic dermatitis or psoriasis. Positive results were attained also in case of cellulites. It can be equally useful for stimulating the immune system. Lecithin as a physiologically active substance has become indispensable in high-quality cosmetics. In some latest products, lecithin has even replaced traditional chemical emulsifiers. For its regenerative properties, lecithin is used in hair care preparations, especially for dry, thin and brittle hair. Lecithin can improve the hair quality, restore its natural protective coating, and improve the quality of skin and nails. It also helps to hydrate, slow down the aging, and prevent drying out of the skin during washing. It helps to adjust pH and to protect from negative environmental phenomena.

Properties: Yellowish, oily liquid. It is used as natural so called “green” (herbal) emulsifier. As part of a cosmetic preparation, it facilitates the penetration of active substances into the skin. It is usually added to cosmetics in the concentration of 0.5–2%.

Information: Most of KAREL HADEK preparations contain lecithin.
LECITHIN SUPER should not be used internally!

INCI: Lecithin

Storage: The stated expiry date can be substantially extended by keeping the product in a dark and cold place (ideally in a fridge at 6–10 °C).

Best before the date indicated on the packaging. Batch number and volume are indicated on the packaging.

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