

Code: 2036

A preparation suitable for whole body skin care, as a skin care complement for skin with possible presence of psoriasis, dermatitis and similar skin issues. The properties of this preparation make it possible, in the event of such issues, to be used as a washing cream. Apply a small amount of the cream to wet skin, and, if possible, let it work for 3 minutes. If necessary, add a small amount of water so that the cream can turn into a lotion. Then wash it off. Apart from its therapeutic effects, this washing type of application is delightfully refreshing. The cream is conceived as an extremely potent „hydrating cream“. After applying it to the skin, part of the water content evaporates, activating the hygroscopic components of the SALTIA cream – the Dead Sea salts, which will literally suck up water out of the intercellular space in the skin. With the water there may also go metabolic waste products that the skin would otherwise be excreting insufficiently. This way, good therapeutic results can be obtained tackling psoriasis, certain types of dermatitis and similar skin conditions. SALTIA creams can also soothe the skin in the case of irritation such as redness, allergy, insect bites and stings. In addition, the salt contained in the creams increases blood flow, thus easing cramps and reducing joint and tendon stiffness. One fact that cannot be ignored, though, is that long term use of these „hydrating“ creams thoroughly dries the skin out. Another suitable therapeutically complementing product is ALMOND-ST. JOHN'S WORT Massage oil, which improves skin functions.

**Main ingredients:** Vegetable oils: almond, jojoba, soybean, linseed, emulsifiers, lecithin, Dead Sea salt, panthenol. Allantoin, lactic acid, glycerin, water.

**Application:** Apply the cream sparingly to the skin and work in gently. Make sure that it doesn't enter the eyes. Due to the high salt content in Saltia creams, you may experience unpleasant burning when applying it to cracked skin.

**Warning:** The maximum length of SALTIA application should not exceed 3 months, followed by a pause of approx. 2 months, using personally appropriate regenerative preparations such as: BODY EM, ATOP DERM, SHEADERM TH, the lecithin-based mask LECITHIN W/O. Creams in the SALTIA range contain highly concentrated Dead Sea salt, so when stored in a cold place, minute crystals may appear. It is just the salt crystallizing, which poses no problem.

**Tip:** Post-traumatic swelling and pain can be treated by adding 2 % of juniper oil, 1 % of lavender oil, 1 % of peppermint oil, and 0.5 % clove oil to a SALTIA cream, followed by a one-hour wrap using PLASTIC FILM FOR WRAPS. The wrap can be repeated after a one-hour break.

**INCI:** Aqua, Linum usitatissimum Seed Oil, Cetearyl alcohol, Maris Sal, Glycine soja Oil, Glycerin, Glyceryl stearate SE, Panthenol, Lecithin, Simmondsia chinensis Seed Oil, Cera flava, Prunus amygdalus Dulcis Oil, Sodium cetearyl sulfate, Lactic Acid, Thymus vulgaris Flower/Leaf Oil, Salvia officinalis Oil, Lavandula hybrida Oil, Rosmarinus officinalis Leaf Oil, Rosa damascena Flower Oil, Thymus serpyllum Oil, Eugenia caryophyllus Flower Oil, Piper nigrum Fruit Oil, Citrus limon Peel Oil, Tocopheryl acetate, Allantoin, Melaleuca alternifolia Leaf Oil

**Storage:** The stated expiry date can be substantially extended by keeping the product in a dark and cold place (ideally in a fridge at 6–10 °C).

Best before the date indicated on the packaging. Batch number and volume are indicated on the packaging.

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