

Article number: 5003

**Physical properties:** Light yellow, oily liquid, almost odourless.

**Relative density:** At 20 °C approx. 0.922 g/cm<sup>3</sup>.

**Main ingredients:** Unsaturated fatty acids – mainly linoleic acid (C18:2) approx. 38%, gamma-linolenic acid (C18:3) approx. 20–24%, oleic acid (C18:1) approx. 16%, and palmitic acid (C16:0) approx. 9%, vitamins, lecithin

This oil is used in cold meals, in salads, dressings, etc. It is recommended to use internally in case of psoriasis, dermatitis and inflammatory skin diseases. Thanks to its anti-inflammatory effects, it can improve the condition even in case of rheumatoid arthritis if used on long term basis.

**Non-dietary use:** It has similar properties as evening primrose oil, but by contrast it contains twice as much gamma-linolenic acid. Excellent cosmetic oil with the properties of an active ingredient for face and body massage. It is very mild and well absorbed by the skin. Apart from evening primrose oil, borage oil is also recommended for the treatment of skin affected by psoriasis, neurodermatitis and eczema.

Along with rose hip seed oil and evening primrose oil, it makes a suitable combination with most of the other oils which are used for skin care in the concentration of 10%.

**INCI:** Borago officinalis Seed Oil

**Storage:** The stated expiry date can be substantially extended by keeping the product in a dark and cold place (ideally in a fridge at 6–10 °C).

Best before the date indicated on the packaging. Batch number and volume are indicated on the packaging.

**Producer:** 1. Aromaterapeutická KH, a. s. / Kšice 11, 349 01 Stříbro / Czech Republic/ E-mail: info@karelhadek.eu  
**Sales department:** Landline: Tel.: +420 371 140 900 / Vodafone: +420 777 618 398 / T-Mobile: +420 731 336 475 /  
O2: +420 722 458 765